



DIGITAL WORLD PULSE

NFL WEEK 8

PREDICTIONS 2026

OCTOBER 29 - NOVEMBER 2, 2026

14 GAMES | COMPLETE WEEK 8 GUIDE

Match previews, editorial picks and projected scores

Early-week edition: October 26, before Week 7 Monday Night Football

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WEEK 8 SCHEDULE

All 14 games | Away team first | 24-hour clock

MATCHUP	U.S. EASTERN	CENTRAL EUROPE
Panthers at Packers	29 Oct 20:15	30 Oct 01:15
Ravens at Bills	01 Nov 13:00	01 Nov 19:00
Titans at Bengals	01 Nov 13:00	01 Nov 19:00
Falcons at Buccaneers	01 Nov 13:00	01 Nov 19:00
Vikings at Lions	01 Nov 13:00	01 Nov 19:00
Colts at Jaguars	01 Nov 13:00	01 Nov 19:00
Browns at Steelers	01 Nov 13:00	01 Nov 19:00
Raiders at Jets	01 Nov 13:00	01 Nov 19:00
Cardinals at Cowboys	01 Nov 13:00	01 Nov 19:00
Chargers at Rams	01 Nov 16:05	01 Nov 22:05
Patriots at Dolphins	01 Nov 16:25	01 Nov 22:25
Chiefs at Broncos	01 Nov 16:25	01 Nov 22:25
Eagles at Commanders	01 Nov 20:20	02 Nov 02:20
Bears at Seahawks	02 Nov 20:15	03 Nov 02:15

U.S. Eastern: EDT on Oct 29; EST on Nov 1-2. Central Europe: CET.

UK (GMT) and U.S. Pacific times appear on every matchup page.

Byes: Texans, Saints, Giants, 49ers.



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PANTHERS AT PACKERS

THURSDAY, OCTOBER 29, 2026 | LAMBEAU FIELD, GREEN BAY

USA: 20:15 EDT | 17:15 PDT

CENTRAL EUROPE: 30 OCT 01:15 CET | UK: 30 OCT 00:15 GMT

WHAT TO WATCH

Green Bay lost 20-17 in Detroit, while Carolina absorbed a 43-13 home defeat against Tampa Bay. This short turnaround makes early-down efficiency the central matchup: the Panthers need manageable third downs rather than another game spent chasing the score. The lean is Green Bay at home, using patient possessions to control field position. Carolina's route to an upset is a cleaner start and takeaways that create short fields.

EDITORIAL PICK:

Packers

PROJECTED SCORE:

CAR 17 - GB 27

Editorial forecast, not a result.



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RAVENS AT BILLS

SUNDAY, NOVEMBER 01, 2026 | HIGHMARK STADIUM, ORCHARD PARK

USA: 13:00 EST | 10:00 PST

CENTRAL EUROPE: 01 NOV 19:00 CET | UK: 01 NOV 18:00 GMT

WHAT TO WATCH

Buffalo returns from its bye, while Baltimore must respond to a 35-13 loss in which Cincinnati scored every second-half point. Lamar Jackson missed a third straight game; his return is not assumed here. The Bills get the lean for rest and the home setting. Watch whether Baltimore can sustain its rushing threat after halftime and prevent long Buffalo possessions. A confirmed Jackson return would justify a fresh assessment.

EDITORIAL PICK:

Bills

PROJECTED SCORE:

BAL 23 - BUF 30

Editorial forecast, not a result.



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TITANS AT BENGALS

SUNDAY, NOVEMBER 01, 2026 | PAYCOR STADIUM, CINCINNATI

USA: 13:00 EST | 10:00 PST

CENTRAL EUROPE: 01 NOV 19:00 CET | UK: 01 NOV 18:00 GMT

WHAT TO WATCH

Cincinnati's 35-13 win in Baltimore is the strongest recent result in this matchup; Tennessee lost 27-24 to Cleveland. The question is whether the Bengals can begin with the urgency they showed after halftime, rather than needing another recovery. Cincinnati is the pick if it keeps the passing game ahead of the chains. Tennessee can make this uncomfortable by shortening possessions and forcing field goals instead of touchdowns.

EDITORIAL PICK:

Bengals

PROJECTED SCORE:

TEN 20 - CIN 31

Editorial forecast, not a result.



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FALCONS AT BUCCANEERS

SUNDAY, NOVEMBER 01, 2026 | RAYMOND JAMES STADIUM, TAMPA

USA: 13:00 EST | 10:00 PST

CENTRAL EUROPE: 01 NOV 19:00 CET | UK: 01 NOV 18:00 GMT

WHAT TO WATCH

Atlanta beat San Francisco 29-20, while Tampa Bay routed Carolina 43-13. The Falcons' win over the previously unbeaten 49ers carries more weight in this close division forecast than the Buccaneers' larger margin. Atlanta gets a narrow road lean. Watch early-down tackling and whether either offense can turn red-zone visits into touchdowns.

Tampa Bay can reverse the pick by disrupting Atlanta's rhythm and building a lead before the visitors settle.

EDITORIAL PICK:

Falcons

PROJECTED SCORE:

ATL 27 - TB 24

Editorial forecast, not a result.



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VIKINGS AT LIONS

SUNDAY, NOVEMBER 01, 2026 | FORD FIELD, DETROIT

USA: 13:00 EST | 10:00 PST

CENTRAL EUROPE: 01 NOV 19:00 CET | UK: 01 NOV 18:00 GMT

WHAT TO WATCH

Minnesota beat Indianapolis 16-10, while Detroit edged Green Bay 20-17. The Vikings get a narrow road lean, with their ability to keep this game low-scoring the central argument. Watch whether Minnesota can sustain possessions and avoid giving Detroit short fields inside Ford Field. The Lions can overturn the pick through efficient early-down offense and touchdowns on their best drives. This is a close division forecast, not a comfortable favorite.

EDITORIAL PICK:

Vikings

PROJECTED SCORE:

MIN 23 - DET 20

Editorial forecast, not a result.



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COLTS AT JAGUARS

SUNDAY, NOVEMBER 01, 2026 | EVERBANK STADIUM, JACKSONVILLE

USA: 13:00 EST | 10:00 PST

CENTRAL EUROPE: 01 NOV 19:00 CET | UK: 01 NOV 18:00 GMT

WHAT TO WATCH

Jacksonville returns from a bye after consecutive London games; Indianapolis comes off a 16-10 defeat in Minnesota. The Jaguars' extra preparation supports the home lean, but travel itself is not treated as an automatic advantage or penalty. Watch whether Indianapolis can generate useful first-down gains and avoid obvious passing situations. Jacksonville's preferred script is a steady opening lead; the Colts need long drives that limit the home offense's opportunities.

EDITORIAL PICK:

Jaguars

PROJECTED SCORE:

IND 20 - JAX 27

Editorial forecast, not a result.



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BROWNS AT STEELERS

SUNDAY, NOVEMBER 01, 2026 | ACRISURE STADIUM, PITTSBURGH

USA: 13:00 EST | 10:00 PST

CENTRAL EUROPE: 01 NOV 19:00 CET | UK: 01 NOV 18:00 GMT

WHAT TO WATCH

Cleveland already won the first meeting 27-24 and arrives from another 27-24 victory, this time over Tennessee. Pittsburgh returns from a 16-10 win in Paris. The rematch leans narrowly toward the Steelers at home, with field position and protection likely to decide the final possession. Cleveland's counterargument is clear: repeat its composure in close games and prevent Pittsburgh from turning defensive stops into short scoring drives.

EDITORIAL PICK:

Steelers

PROJECTED SCORE:

CLE 20 - PIT 23

Editorial forecast, not a result.



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RAIDERS AT JETS

SUNDAY, NOVEMBER 01, 2026 | METLIFE STADIUM, EAST RUTHERFORD

USA: 13:00 EST | 10:00 PST

CENTRAL EUROPE: 01 NOV 19:00 CET | UK: 01 NOV 18:00 GMT

WHAT TO WATCH

Las Vegas lost 35-21 to the Rams, while the Jets fell 28-25 to Miami. Neither result supports a comfortable favorite, so the projection stays close. The Jets get the home lean if they protect possessions and avoid letting pressure dictate their passing game. Las Vegas can change the outlook by winning early downs and creating explosive gains before New York can force long-yardage situations. Late-game execution is the deciding watch point.

EDITORIAL PICK:

Jets

PROJECTED SCORE:

LV 20 - NYJ 23

Editorial forecast, not a result.



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CARDINALS AT COWBOYS

SUNDAY, NOVEMBER 01, 2026 | AT&T STADIUM, ARLINGTON

USA: 13:00 EST | 10:00 PST

CENTRAL EUROPE: 01 NOV 19:00 CET | UK: 01 NOV 18:00 GMT

WHAT TO WATCH

Arizona lost 30-16 to Denver and converted only one of five red-zone opportunities. Dallas still has its Week 7 Monday game to play at this edition's cutoff, so this is a provisional home lean. The central matchup is Arizona's finishing against a Cowboys side facing a shorter turnaround. Dallas is the pick if its post-Monday availability holds up; efficient Arizona scoring drives would make this forecast much less comfortable.

EDITORIAL PICK:

Cowboys *

PROJECTED SCORE:

ARI 20 - DAL 24

** Provisional: before Week 7 MNF.*



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CHARGERS AT RAMS

SUNDAY, NOVEMBER 01, 2026 | SOFI STADIUM, INGLEWOOD

USA: 16:05 EST | 13:05 PST

CENTRAL EUROPE: 01 NOV 22:05 CET | UK: 01 NOV 21:05 GMT

WHAT TO WATCH

The Chargers return from a bye after scoring six points in their previous game; the Rams just beat Las Vegas 35-21. Extra preparation gives the Chargers a credible reset, but the Rams' latest offensive response earns the narrow lean. Both teams use SoFi Stadium, so the nominal home designation is not treated as a normal travel edge. Watch pass protection and which offense turns sustained drives into touchdowns.

EDITORIAL PICK:

Rams

PROJECTED SCORE:

LAC 23 - LAR 27

Editorial forecast, not a result.



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PATRIOTS AT DOLPHINS

SUNDAY, NOVEMBER 01, 2026 | HARD ROCK STADIUM, MIAMI GARDENS

USA: 16:25 EST | 13:25 PST

CENTRAL EUROPE: 01 NOV 22:25 CET | UK: 01 NOV 21:25 GMT

WHAT TO WATCH

Miami won 28-25 against the Jets; New England has extra preparation after Thursday's 30-24 loss in Chicago. The Dolphins get a small home lean, but the Patriots' longer turnaround makes this a close call. Watch whether Miami can create space without relying on risky throws, and whether New England can keep drives on schedule. The Patriots' winning script is controlled possession and fewer empty trips inside scoring range.

EDITORIAL PICK:

Dolphins

PROJECTED SCORE:

NE 23 - MIA 26

Editorial forecast, not a result.



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CHIEFS AT BRONCOS

SUNDAY, NOVEMBER 01, 2026 | EMPOWER FIELD AT MILE HIGH, DENVER

USA: 16:25 EST | 13:25 PST

CENTRAL EUROPE: 01 NOV 22:25 CET | UK: 01 NOV 21:25 GMT

WHAT TO WATCH

Kansas City was held to three points in Seattle, while Denver beat Arizona 30-16 behind explosive gains, including Bo Nix's 62-yard touchdown run. Denver gets a narrow home lean, with its ability to force field goals the central argument. The Chiefs can overturn that view by sustaining drives and preventing another stalled third-down performance. Watch whether Denver can generate useful offense without depending on a repeat of those long scoring plays.

EDITORIAL PICK:

Broncos

PROJECTED SCORE:

KC 20 - DEN 23

Editorial forecast, not a result.



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EAGLES AT COMMANDERS

SUNDAY, NOVEMBER 01, 2026 | NORTHWEST STADIUM, LANDOVER

USA: 20:20 EST | 17:20 PST

CENTRAL EUROPE: 02 NOV 02:20 CET | UK: 02 NOV 01:20 GMT

WHAT TO WATCH

Washington returns from its bye, while Philadelphia still has Monday's Dallas game pending at this cutoff. The Eagles receive a provisional one-point lean rather than a firm favorite label. The rest difference is the clearest reason to respect Washington's chances, especially if Philadelphia emerges with reduced availability. Watch the first two possessions: an efficient Commanders start could force the visitors away from a patient, possession-based game plan.

EDITORIAL PICK:

Eagles *

PROJECTED SCORE:

PHI 24 - WAS 23

** Provisional: before Week 7 MNF.*



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BEARS AT SEAHAWKS

MONDAY, NOVEMBER 02, 2026 | LUMEN FIELD, SEATTLE

USA: 20:15 EST | 17:15 PST

CENTRAL EUROPE: 03 NOV 02:15 CET | UK: 03 NOV 01:15 GMT

WHAT TO WATCH

Seattle's 20-3 win over Kansas City supplies the strongest immediate evidence for the home pick: the Seahawks allowed only 213 total yards. Chicago beat New England 30-24 on Thursday and therefore gets a longer preparation window. Watch whether the Bears can stay out of difficult third downs and prevent Seattle from controlling the middle of the field. Chicago's upset route is sustained possession that keeps the game close deep into the fourth quarter.

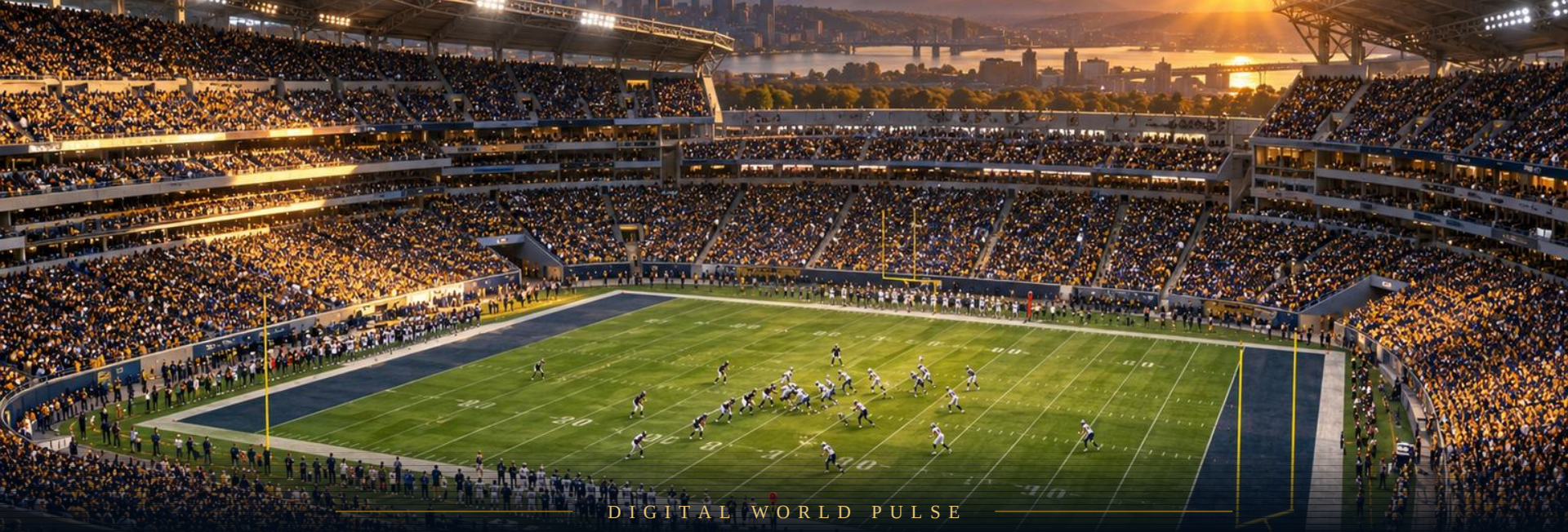
EDITORIAL PICK:

Seahawks

PROJECTED SCORE:

CHI 20 - SEA 24

Editorial forecast, not a result.



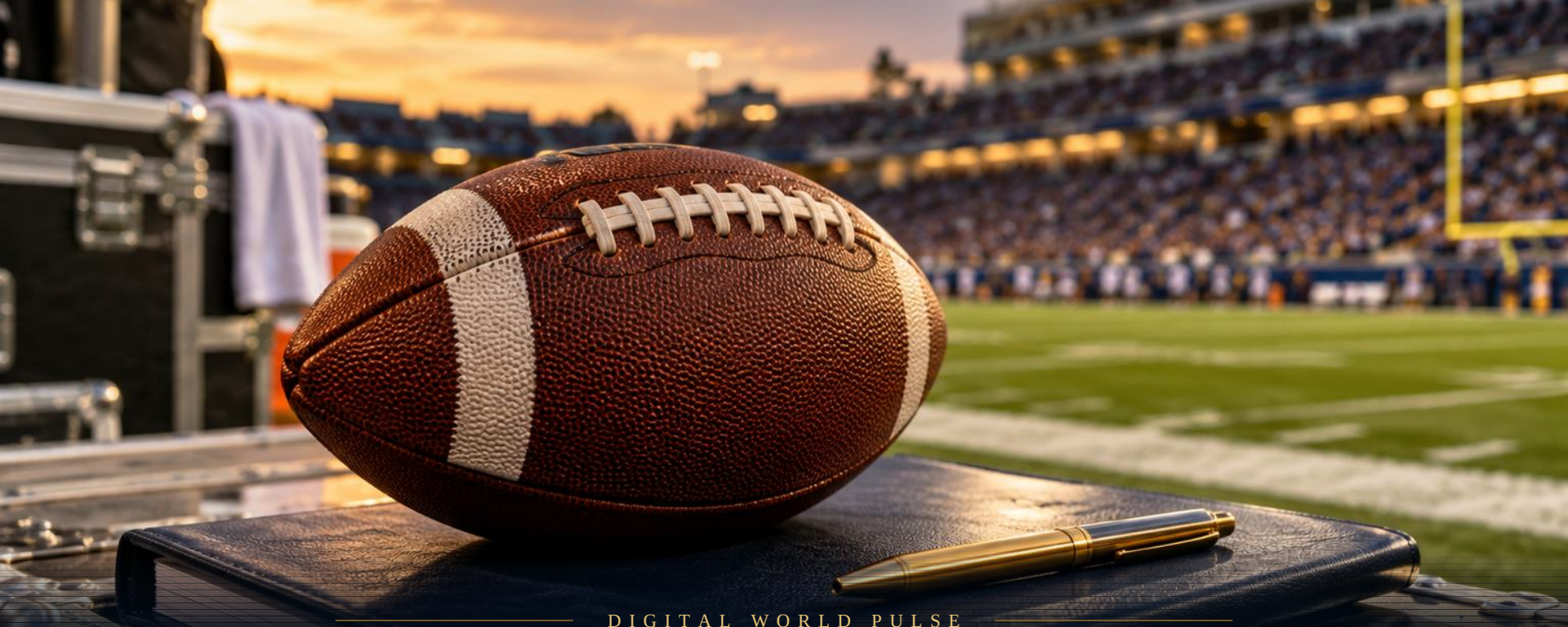
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EDITORIAL PICKS

All 14 games | Early-week opinions and projected scores

MATCHUP	PICK	PROJECTED SCORE
Panthers at Packers	Packers	CAR 17 - GB 27
Ravens at Bills	Bills	BAL 23 - BUF 30
Titans at Bengals	Bengals	TEN 20 - CIN 31
Falcons at Buccaneers	Falcons	ATL 27 - TB 24
Vikings at Lions	Vikings	MIN 23 - DET 20
Colts at Jaguars	Jaguars	IND 20 - JAX 27
Browns at Steelers	Steelers	CLE 20 - PIT 23
Raiders at Jets	Jets	LV 20 - NYJ 23
Cardinals at Cowboys	Cowboys *	ARI 20 - DAL 24
Chargers at Rams	Rams	LAC 23 - LAR 27
Patriots at Dolphins	Dolphins	NE 23 - MIA 26
Chiefs at Broncos	Broncos	KC 20 - DEN 23
Eagles at Commanders	Eagles *	PHI 24 - WAS 23
Bears at Seahawks	Seahawks	CHI 20 - SEA 24

** Cowboys and Eagles picks precede their Week 7 Monday night meeting.
Projected scores follow the matchup order: away team, then home team.*



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WEEK 8 WATCHLIST

What can change the early-week picture

01 RAVENS AT BILLS: QUARTERBACK STATUS

Lamar Jackson's possible return is the largest availability question in this guide. Baltimore's official recap describes a potential comeback, not a confirmed one. Revisit the Buffalo lean after the final report and game-day inactive list.

02 CHIEFS AT BRONCOS: DRIVE FINISHING

Seattle kept Kansas City out of the red zone, while Denver held Arizona to one touchdown in five red-zone trips. Watch whether the Chiefs can build sustained scoring drives; Denver's lean depends on making them earn every possession.

03 THE PENDING MONDAY GAME

Dallas visits Philadelphia on October 26, after this edition's cutoff. Neither that result nor a healthy postgame roster is assumed. Refresh Cardinals-Cowboys and Eagles-Commanders after Monday, especially if either team loses a starter.

04 REST WINDOWS AND TRAVEL

Buffalo, Jacksonville, the Chargers and Washington return from byes. Chicago last played on Thursday, while Pittsburgh returns from Paris. These differences guide preparation questions and are not automatic scoring adjustments.

05 THE U.S. CLOCK CHANGE

U.S. clocks move back on November 1. Thursday uses EDT and PDT; Sunday and Monday use EST and PST. Europe is already on CET and the UK on GMT. Check the printed date for games that start after midnight in Europe.



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SOURCES & EDITORIAL NOTE

REFERENCE LINKS

- [1] NFL - official Week 8 dates and bye teams
- [2] Packers - 2026 schedule and recent results
- [3] Bills - 2026 schedule and Week 7 bye
- [4] Bengals - 2026 schedule and Ravens result
- [5] Buccaneers - 2026 schedule and Panthers result
- [6] Lions - 2026 schedule and Packers result
- [7] Jaguars - 2026 schedule and Week 7 bye
- [8] Steelers - 2026 schedule and Paris result
- [9] Jets - 2026 schedule and Dolphins result
- [10] Cowboys - 2026 schedule and pending Monday game
- [11] Rams - 2026 schedule and Raiders result
- [12] Dolphins - 2026 schedule and Jets result
- [13] Broncos - current schedule and Chiefs kickoff
- [14] Commanders - 2026 schedule and Week 7 bye
- [15] Seahawks - 2026 schedule and Bears kickoff
- [16] Bears - 2026 schedule and Patriots result
- [17] Vikings - 2026 schedule and Colts result
- [18] Falcons - 2026 schedule and 49ers result
- [19] Browns - 2026 schedule and Titans result
- [20] Chargers - 2026 schedule and Week 7 bye
- [21] Ravens - Week 7 recap and Jackson availability
- [22] Seahawks - official recap of the 20-3 Chiefs win
- [23] Broncos - official recap of the 30-16 Cardinals win

All reference titles and source numbers in this guide are clickable.

EDITORIAL NOTE

Prepared October 26, 2026, before Week 7 Monday Night Football. Dallas and Philadelphia forecasts are provisional. Schedules and player availability may change. Picks and projected scores are editorial opinions, not results, betting lines or guarantees. AI-generated images are conceptual illustrations, not actual game photographs. Independent Digital World Pulse guide; not affiliated with the NFL or its teams. For information and entertainment.