



DIGITAL WORLD PULSE

META MUSE AI 2026

**FEATURES, PRICING, PRIVACY
& HOW IT WORKS**

18 copy-ready prompts with explained, practical examples

INDEPENDENT PRACTICAL GUIDE | RESEARCHED OCTOBER 21

Original Digital World Pulse practical guide

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HOW TO USE THE EXAMPLES

Copy a numbered prompt, supply your own material where requested, then compare the response with the worked example and check. Fictional practice data is labelled. The example responses are editorial illustrations, not captured Muse sessions.



WHAT MUSE ACTUALLY IS

An agent, a workspace and the models behind it

Meta launched Muse on September 8, 2026 as a personal AI agent. Its purpose is to carry out tasks across a workspace, browser and connected services. A useful brief therefore specifies both the deliverable and the actions you allow.

THE THREE PARTS

MUSE	The consumer agent and the experience you interact with. It combines conversation, tools, memory and task management.
MUSE SECURE VM	The dedicated cloud computer where the agent works. This is distinct from a model's reasoning ability.
SPARK / WONDER	Underlying model families. Muse Spark powered the launch; Meta announced Muse Wonder and Wonder Full on October 12.

WHAT THE OCTOBER ANNOUNCEMENT DOES AND DOES NOT CONFIRM

Meta announced Wonder for its Model API and Muse Code, and Wonder Full for Muse Code subscribers. It said Wonder would roll into Muse first for subscribers. That announcement does not establish that every Muse account already uses Wonder. Check the model and features shown in your own account.

CHOOSE THE RIGHT KIND OF REQUEST

A conversation can explain a topic. A task can gather sources or produce a file. An account action can send, schedule or buy. Ask for a draft or comparison when you want something to review; describe the exact change when you want an action. Tool availability, access and permissions still determine what can be completed.

Start with a result you can inspect: a table, a draft or a small file.

ACCESS, PLANS & REAL COST

The official snapshot, before you subscribe

The official Muse for Small Business FAQ lists availability for people aged 18 and over in the US and Canada. The checked sources do not confirm access in Romania or the wider EU. Eligibility and the offer shown in your account are the final practical checks.

CONSUMER SUBSCRIPTION SNAPSHOT - USD

Plan	Monthly price	Published allowance
Free	USD 0	Limited usage; wait for refresh or upgrade.
Power	USD 20	500M Muse tokens per week.
Max	USD 100	3B Muse tokens per week.

HOW TO READ THOSE NUMBERS

These are published Muse subscription allowances, not a promised number of finished tasks or words. Multi-step work can use tools and repeat work. This is not an API token-price table. The free allowance has no fixed quantity in the cited Help Center article. Benefits can vary by region and account; confirm billing currency and any applicable charges at checkout.

SET UP ONLY WHAT THIS TASK NEEDS

The launch routes include iOS, Android, the web and conversation through WhatsApp. Sign in through the official product, check eligibility, then try a task with pasted sample text before connecting accounts. A paid consumer plan does not imply access to every developer product or every connector.

RENEWAL AND A PRACTICAL BUYING RULE

Subscriptions renew monthly unless cancelled. First measure several completed, reviewed tasks on the free plan. Upgrade only when the current limit interrupts work that is already useful, and compare the exact benefits offered to you. An impressive token allowance is not evidence of a good result.

Record the price, allowance and renewal date shown to your own account.



YOUR FIRST SESSION

Check access, set permissions, then test a small task

In Settings > Permissions, review Connectors and Web access defaults. Meta documents options such as Always ask and Ask for some actions. Use the actual controls to set access; a sentence in a prompt is guidance, not a replacement for permissions.

THREE CONTROLS TO UNDERSTAND

Connect only the service needed. Review Data controls if you do not want interactions used for model training. Inspect memory and activity when relevant. Meta's launch architecture does not prevent Meta accessing data to operate the service; Confidential VM was announced for later, so do not treat it as universally available.

COPY PROMPT 01 - A COMPLETE FIRST TEST

Use only these sample notes. Draft a checklist; do not access accounts or take external actions. Notes: article draft due 23 October 2026; Maya edits it; Leo supplies three images by 22 October; publication time is not set. Return columns: task, owner, deadline, missing information. Do not invent a publication time. Finish with the single question that would unblock publication.

WORKED EXAMPLE - FICTIONAL INPUT, EDITORIAL OUTPUT

Task	Owner	Deadline	Missing information
Supply 3 images	Leo	22 Oct 2026	None in these notes
Edit article draft	Maya	23 Oct 2026	Exact handoff time
Publish article	Not supplied	Not supplied	Owner and publication time

WHAT TO CHECK

The missing publication details remain missing. A good final question is: Who publishes the article, and at what date and time? Nothing here requires an email or calendar connection. If Muse requests one, narrow the task back to the supplied notes.

Use a small, checkable task before adding private data or write access.



THE SIX-PART PROMPT BRIEF

Give the task enough detail to produce a usable result

A useful prompt defines success before work starts. Include goal, context, input, constraints, output format and a check. This is an editorial method you can reuse; it is not a special Muse command or a guarantee that a model will comply.

WHAT EACH PART CONTRIBUTES

GOAL + CONTEXT	Name the outcome and who will use it.
INPUT + CONSTRAINTS	Supply the material, time limit, budget and boundaries.
FORMAT + CHECK	Specify the deliverable and the test it must pass.

COPY PROMPT 02 - A FILLED-IN BRIEF

Goal: plan one 60-minute writing session for a beginner's article about personal AI agents. Audience: readers who have never used an agent. Input: I already have notes, but no outline. Constraints: no new research today; no product performance claims; stop at a draft outline. Output: four timed stages, one concrete deliverable per stage, and a final quality check. The stages must total exactly 60 minutes.

WORKED EXAMPLE - A CHECKABLE PLAN

Minutes	Stage	Deliverable
0-10	Sort notes by reader question	5 questions
10-25	Choose an order and headings	Article structure
25-50	Add points and an example per section	Annotated outline
50-60	Check gaps and unsupported claims	Revision checklist

WHY THIS BEATS 'HELP ME WRITE'

The output has a defined audience and a measurable limit: $10 + 15 + 25 + 10 = 60$ minutes. It ends at an outline rather than an unrequested finished article. Replace the topic and time budget to reuse it for your next session.

A better brief reduces guessing; it does not remove the need to review.



RESEARCH WITH REAL SOURCES

A live-source prompt with facts you can cross-check

Use this when a post needs current facts. Put the exact source URLs in the request, ask for dates, and separate statements from your interpretation. If browsing fails, the useful result is a clear gap, not a plausible replacement citation.

COPY PROMPT 03 - SOURCE-LED RESEARCH

Open these two official Meta pages:
<https://about.fb.com/news/2026/09/introducing-muse-personal-ai-agent/>
<https://about.fb.com/news/2026/10/introducing-muse-wonder-models/>

Create a fact table with claim, announcement date, source URL and availability caveat. Cover Muse's launch date, what Muse is, and the announced Wonder rollout. Use only those pages. If either is inaccessible, say so. Do not infer that all consumer accounts have Wonder. End with three questions the pages do not resolve.

WORKED EXAMPLE - FACTS CHECKED FOR THIS GUIDE

Item	Supported finding	Limit
Muse launch [1]	8 September 2026; a personal AI agent	Launch announcement
Wonder [9]	Announced 12 October; API and Code access described	Consumer rollout was forthcoming
Muse rollout [9]	Wonder to reach Muse first for subscribers	Not proof of every account's model

REVIEW THE RESULT

Open each cited link and find the exact supporting passage. Check publication date and later updates. The unanswered questions might concern your account's current model, regional eligibility or task limits. A product's marketing claim should be attributed to Meta rather than presented as an independent benchmark.

The findings above were researched; the prompt is not a recorded Muse test.



TURN A DOCUMENT INTO ACTIONS

A complete sample that works without an upload

Pasted text is enough to practise evidence-based extraction. If your account supports the file you want to use, attach it and keep the same structure. Check page or section references against the actual document before acting on them.

COPY PROMPT 04 - EXTRACT, DO NOT FILL GAPS

Use only this fictional project brief. [Section A] A 900-word English article is due 27 October 2026. Maya writes it and Leo supplies two PNG images. [Section B] The total fee is USD 600; a 50% deposit is due before work starts. One revision round is included. [Section C] The client supplies product facts by 23 October. Cancellation terms are not stated.

Return a table: requirement, owner, deadline or amount, supporting section. Then list missing terms and calculate the deposit. Do not add terms that sound typical.

WORKED EXAMPLE - FICTIONAL BRIEF

Requirement	Owner	Detail	Evidence
Write article	Maya	900 words; 27 Oct 2026	A
Provide images	Leo	2 PNGs; deadline not stated	A
Supply facts	Client	23 Oct 2026	C
Deposit	Payer not stated	USD 300 before work starts	B

EXPLANATION AND FOLLOW-UP

USD 600 x 50% = USD 300. The image deadline, named payer and cancellation policy are absent, so the result should not invent them. A practical next step is to ask the client to confirm those terms. Do not turn a summary of a brief into legal advice or an agreement that the parties never made.

A useful extraction preserves missing information as carefully as known facts.

EMAIL: SUMMARISE & DRAFT

Resolve the thread before writing the reply

This exercise uses a pasted thread, so it needs no inbox access. For a connected workflow, limit the account scope and keep sending separate from drafting. Check the final recipients, attachments and commitments yourself.

COPY PROMPT 05 - FROM THREAD TO DRAFT

Summarise this fictional thread, then draft a reply under 90 words. Do not send anything. 21 Oct, Alex: Can you deliver the draft on 27 Oct? 21 Oct, Maya: Yes, if I receive the product facts by 23 Oct. 22 Oct, Alex: Facts will arrive on 24 Oct. Could you also add two images? 22 Oct, Maya: A 28 Oct draft is feasible after that input; the image scope needs agreement.

Return: agreed facts, unresolved decisions, owner of each next step, then the reply. Keep the new date conditional; do not pretend the image request is accepted.

WORKED EXAMPLE - THREAD FINDINGS

Alex now expects facts on 24 October. Maya has proposed 28 October, conditional on those facts; Alex has not accepted that date. The two-image request remains unagreed. Alex needs to confirm the date and image scope; Maya then needs to confirm the final delivery commitment.

WORKED EXAMPLE - DRAFT REPLY

Hi Alex, thanks for the update. If the product facts arrive on 24 October, I can target 28 October for the draft. Please confirm that revised date works for you. Could you also confirm the format, deadline and agreed scope for the two images? I will confirm the full delivery plan once those details are settled. Best, Maya

CHECK BEFORE SENDING

The draft does not silently accept more work or turn a proposal into an agreement. If you ask Muse to send it later, approve the exact final message and recipients through the product's permission flow. A sent email generally cannot be undone.

A fluent reply is useful only if its commitments match the actual thread.



CALENDAR PLANNING THAT FITS

Make time zones, fixed events and buffers explicit

Start with a proposed schedule. A connected calendar workflow requires the relevant connector and access; creating events is a separate action. Use a named time zone so a date or daylight-saving change does not create an ambiguous appointment.

COPY PROMPT 06 - A COMPLETE SCHEDULING CASE

Plan Monday 26 October 2026 in Europe/Bucharest. Work window: 09:00-13:00. Fixed call: 10:00-10:30. Tasks: write 75 minutes, email 30 minutes, review 45 minutes. Add a 10-minute break after writing. Keep each task in one block. Return start, end and activity; show unused time and check for overlaps. Suggest only; do not create or move calendar events.

WORKED EXAMPLE - ONE VALID SCHEDULE

Start	End	Activity
09:00	09:30	Email - 30 minutes
09:30	10:00	Unused buffer - 30 minutes
10:00	10:30	Fixed call - 30 minutes
10:30	11:45	Write - 75 minutes
11:45	11:55	Break - 10 minutes
11:55	12:40	Review - 45 minutes
12:40	13:00	Unused buffer - 20 minutes

WHY THIS FITS

The window contains 240 minutes. Tasks use 150, the call uses 30, and the break uses 10, leaving 50 minutes. Writing stays uninterrupted and the break follows it. The schedule has no overlaps. For real events, verify the calendar date, time zone and attendee availability before approving creation.

Ask for a feasibility check before you ask the agent to change a calendar.



A STRONGER ARTICLE BRIEF

Plan an article around questions the reader needs answered

Use the AI to organise verified material into an article plan. Supply your own notes or source pack so the structure does not become a vehicle for invented product details. This creator example is designed for a practical English-language publication.

COPY PROMPT 07 - AN EDITORIAL OUTLINE

Plan a 1,200-word beginner article for Digital World Pulse titled 'How to Brief a Personal AI Agent'. Use only this brief: define the task; supply relevant input; set action permissions; request a clear output; verify the result. Create five H2 sections with word budgets, one reader question and one concrete example each. Reserve 100 words for the introduction and 100 for the conclusion. Use clear English. No invented statistics, guaranteed time savings or product rankings. Include a suggested 150-character meta description. Return an outline, not a full article.

WORKED EXAMPLE - A COMPLETE WORD BUDGET

Words	Section	Example to include
100	Introduction	A vague task that fails
200	Define the outcome	Outline versus finished article
200	Supply the right input	A pasted project brief
200	Set action boundaries	Draft an email; do not send
200	Specify the output	Owner/deadline action table
200	Verify before using it	Recalculate a sample total
100	Conclusion	Repeat with one real task

WHY THE EXAMPLE IS USEFUL

Five sections at 200 words plus a 100-word introduction and conclusion total 1,200. Every section earns its place with a reader question and example. Treat the returned meta description as a draft: count its characters and check that it describes the eventual article accurately.

An outline should make the draft easier to write and easier to fact-check.

ONE BRIEF, THREE PIN ANGLES

Repurpose the idea without adding new claims

Give the agent a source brief and the channel's text limits. This prompt produces copy for Pinterest graphics and descriptions, with no guarantee of reach or clicks.

COPY PROMPT 08 - PIN COPY YOU CAN REVIEW

Create three Pinterest copy sets from this brief: a beginner guide to clear AI-agent tasks, useful input, action boundaries and checkable outputs. Angles: better briefs, fewer mistakes, first tasks. Each set needs a 4-7-word headline, a subtitle under 12 words and a 35-50-word description containing 'AI agent prompts'. Add no statistics, performance promises or hashtags. Return drafts only; do not publish.

WORKED EXAMPLE - THREE COMPLETE COPY SETS

1. Give Your AI Agent a Better Brief

Define the outcome before the work starts

Better AI agent prompts begin with a clear outcome, useful input and a format you can review. This beginner guide shows how to set action boundaries and ask for a checkable result, so your next task starts with a stronger brief.

2. Catch Mistakes Before You Use AI

Check sources, numbers and unfinished actions

Useful AI agent prompts ask for more than a fluent answer. Learn how to check sources, recalculate numbers and separate a finished draft from a completed action before you rely on the result in your own work.

3. Start With One Useful AI Task

Turn sample notes into an action checklist

Try AI agent prompts on a small task you can verify. Turn a short set of notes into a checklist with owners, deadlines and missing details, then compare the result with the source before using the method on your next project.

Change the angle for each pin while keeping the underlying facts consistent.



COMPARE OFFERS FAIRLY

Total cost, missing fees and a transparent recommendation

A shopping comparison is stronger when the decision rule is explicit. The offers below are fictional practice data, not current market prices or real sellers. For live shopping, request source URLs, checked times, availability and the final delivered price.

COPY PROMPT 09 - A COMPLETE OFFER COMPARISON

Compare these fictional offers for the same new headset. All include tax. A: USD 89 plus USD 8 delivery, 2-year warranty. B: USD 95 with free delivery, 2-year warranty. C: USD 82, delivery fee not stated, 1-year warranty. I need a 2-year warranty and a total no higher than USD 100. Calculate known totals, mark missing fees and rank only qualifying offers. Explain the result. Research only; do not buy or contact sellers.

WORKED EXAMPLE - FICTIONAL OFFERS

Offer	Total	Warranty	Decision
A	USD 97	2 years	Qualifies; second on price
B	USD 95	2 years	Qualifies; first on price
C	Unknown	1 year	Fails warranty requirement; shipping missing

WHY B IS THE CORRECT RESULT HERE

B is USD 2 cheaper than A after delivery. C's low sticker price does not make it a valid choice: it fails a hard requirement, and its total is unknown. A useful comparison never silently treats a missing shipping fee as zero.

WHEN YOU MOVE TO A REAL PURCHASE

Before commitment, inspect the exact item, seller, currency, full amount, recurring charges and cancellation or return terms. A cart is not proof of purchase. If a step fails after payment might have occurred, check the order status before retrying so you do not create a duplicate.

Use the same decision rule for every offer, including the inconvenient details.



PLAN A TRIP WITH A REAL BUDGET

Use a supplied fact pack before trying live bookings

This exercise teaches budget checking without inventing hotel inventory, opening hours or fares. Its prices and activities are fictional. For a real trip, dates, passenger details, local time zones and provider terms need fresh verification.

COPY PROMPT 10 - A BOUNDED TRAVEL PLAN

Plan a fictional two-night city break for two adults using only this fact pack. Shared hotel room: EUR 110 per night including tax. Return rail: EUR 45 per person. Meals for the whole trip: EUR 60 per person. Museum: EUR 18 per person. Local transport: EUR 20 total for both. Budget: EUR 500 total. Return a cost table and remaining budget. Suggest an untimed Day 1/Day 2/Day 3 outline. Mark opening hours and check-in times unverified. Do not book anything or add invented availability.

WORKED EXAMPLE - FICTIONAL COSTS

Item	Calculation	Total
Shared hotel room	2 nights x EUR 110	EUR 220
Return rail	2 adults x EUR 45	EUR 90
Meals	2 adults x EUR 60	EUR 120
Museum	2 adults x EUR 18	EUR 36
Local transport	Both adults combined	EUR 20
Trip total / remaining	EUR 500 - EUR 486	EUR 486 / EUR 14

A USEFUL OUTLINE AND THE LIMIT

Day 1: travel, check-in and a local walk. Day 2: museum and free exploration. Day 3: check-out and return travel. Times remain unverified. The EUR 14 buffer is small; one extra fee can exceed it. Confirm the complete provider totals and cancellation terms before making this a real booking plan.

Count a shared room once per night and per-person expenses for each traveller.

ANALYSE A SMALL CSV

Give the calculation a definition and a check

Small datasets are excellent practice because you can recalculate every result. Here, conversion rate means orders divided by visits. The rows represent a fictional website; they are not benchmarks, forecasts or evidence of a successful marketing strategy.

COPY PROMPT 11 - REPRODUCIBLE ARITHMETIC

Analyse this fictional CSV. Define conversion rate as orders/visits. Return visits, orders, revenue and conversion rate per day, then the totals and the overall conversion rate. Use overall orders/overall visits, not an unweighted average of daily percentages. Flag missing or invalid values. Show formulas. Do not claim causation from three rows.

day,visits,orders,revenue_usd

Mon,200,8,320

Tue,300,9,360

Wed,100,5,250

WORKED EXAMPLE - FICTIONAL DATA, VERIFIED MATH

Day	Visits	Orders	Revenue	Conversion
Mon	200	8	USD 320	4.00%
Tue	300	9	USD 360	3.00%
Wed	100	5	USD 250	5.00%
Total	600	22	USD 930	3.67%

EXPLAIN THE RESULT WITHOUT OVERREACHING

Overall conversion = $22 / 600 \times 100 = 3.6667\%$, rounded to 3.67%. The simple mean of 4%, 3% and 5% is 4%, which is not the site's overall rate because daily visit counts differ. Wednesday has the highest daily rate but the fewest visits; these three rows do not explain why. For your own file, define the date range, currency and missing-value rules.

A polished table is not validation; check at least one row and the total.



A SMALL CODING TASK DONE WELL

Define behaviour and tests before asking for a prototype

Meta describes Muse as able to create code and artifacts. Keep the first coding task small enough to inspect. The brief below asks for a local calculator, with no logins, external services or real transactions. It is a prompt exercise, not a shipped application.

COPY PROMPT 12 - A CONCRETE BUILD BRIEF

Create one self-contained HTML file with CSS and JavaScript for a trip budget calculator. Inputs: total budget, nightly room cost, nights, traveller count and fixed total extras. Formula: trip total = nightly room cost x nights + fixed total extras. The room cost is shared, so do not multiply it by travellers. Show total, total per traveller, remaining budget and an over-budget message when needed. Require finite numbers; reject negative values, blank fields, zero travellers and non-integer nights/travellers. Use accessible labels. No external libraries, network calls, logins or deployment. Return the file and the test results; state which tests you actually ran.

WORKED EXAMPLE - ACCEPTANCE CASES

Input or condition	Expected result
Budget 500; room 110; nights 2; travellers 2; extras 266	Total EUR 486; per person EUR 243; EUR 14 remaining
Same inputs, budget 450	EUR 36 over budget
Travellers 0, nights 1.5, blank or non-finite input	Validation error; do not display a misleading total

WHAT MAKES THE RESULT REVIEWABLE

The acceptance cases expose a common bug: multiplying the shared hotel room by the number of travellers. Open the delivered file locally and test valid and invalid inputs. Do not accept a 'tests passed' claim unless the report says what ran and shows the observed results. This guide verifies the expected arithmetic, not an actual Muse build.

A tiny working prototype with clear checks is more useful than a vague app request.

DELEGATE A MULTI-STEP PROJECT

Specify the end point, checkpoints and stop condition

Background work needs a visible scope. Separate preparing a deliverable from publishing it, and define when the task ends. The example below asks for an editorial pack, with account access unnecessary and the final handoff ready for review.

COPY PROMPT 13 - A BOUNDED AGENT WORKFLOW

Prepare a publication pack from the approved article and source list I provide next. Wait for both inputs before starting. Stage 1: list supported facts and unresolved claims. Stage 2: draft a 120-word summary and three Pinterest copy angles. Stage 3: check every factual statement against the supplied sources and return a revision log. Use only the supplied material; do not access accounts, publish, schedule or spend money. If evidence is missing, mark it and continue with supported parts. Final output: fact table, copy, source links, unresolved questions and status for each stage. Stop after the pack is ready for my review; do not create recurring tasks.

WORKED EXAMPLE - AN HONEST HANDOFF

Stage	Possible status	Evidence to return
Inputs	Waiting	Article or source list is missing
Fact table	Completed	Each included claim has a source
Copy drafts	Completed	Draft text, ready for editing
Verification	Partly blocked	One unsupported claim removed
Publishing	Not requested	No account action or public URL

CONTROL THE PROJECT AS IT RUNS

Meta documents an Activity log and Upcoming view for tasks and reminders. Review the actual activity and permissions when using live tools. A finished draft is not a published page, a scheduled item is not a completed run, and a booking attempt is not a confirmed booking. Require evidence appropriate to the claimed result.

An end condition prevents a useful task from becoming undefined ongoing work.

REPAIR, VERIFY & RECOVER

Three follow-ups for the moments a polished answer is not enough

When a result is wrong, identify the concrete failure and ask for a focused correction. When a tool is unavailable, request an honest partial result. Repeating 'try harder' adds little information and can encourage unnecessary retries.

COPY PROMPT 14 - REPAIR THE EXACT ERROR

Your total multiplied a shared room by two travellers. Recalculate using room cost x nights only, then add the fixed total extras. Show the corrected formula and changed values. Keep all other assumptions unchanged. Do not make any bookings.

COPY PROMPT 15 - AUDIT BEFORE PUBLICATION

Audit the draft above. Return claim, supporting source or supplied input, and status: supported, inference or unsupported. Recalculate every number. Identify any action claimed as complete without a confirmation or artifact. Propose corrections; do not silently rewrite or publish.

COPY PROMPT 16 - HANDLE A BLOCKED TOOL

Stop retrying the unavailable service. State what you could access, what failed and what remains unverified. Return the supported partial result. Ask for the smallest missing input I can provide, such as a pasted excerpt or exported sample. Do not invent access, bypass restrictions or label an attempted action as complete.

WORKED EXAMPLE - A USEFUL RECOVERY

If a source page fails to open, the response should identify that page, omit claims that depend on it and request the relevant excerpt. If an order might already exist, check its status before retrying. For browser work, Meta documents Open browser, Take control and Stop the task. Use those controls when a live task is going off course.

Treat the correction as a new result to verify, not proof that the issue is solved.

A SEVEN-DAY USEFULNESS TEST

Keep the workflow only if the reviewed result is worth the effort

Choose one repeatable task and compare it with your usual process. Count the time spent checking and repairing the AI output, not just the time until its first response. This is an original worksheet, not a measured claim about Muse's performance.

THE TRIAL

DAYS 1-2	Record a manual baseline. Run the same task with a complete prompt and comparable input.
DAYS 3-4	Log errors and editing time. Change one part of the brief, then rerun.
DAYS 5-6	Try the method on a second comparable example. Review permissions and actual usage.
DAY 7	Compare reviewed quality, total time and cost. Keep, revise or drop the workflow.

COPY PROMPT 17 - REVIEW YOUR TRIAL

Review this fictional trial: manual task 35 minutes; AI setup 8, generation 2, review 12, repairs 6. Calculate total AI-assisted time and time difference. Check whether that includes all effort. Explain why one example cannot establish typical savings. Return a keep/revise/drop recommendation conditional on acceptable final quality.

WORKED EXAMPLE - INCLUDE THE HIDDEN EFFORT

$8 + 2 + 12 + 6 = 28$ minutes. Difference: $35 - 28 = 7$ minutes, or 20% of the manual baseline. This is a fictional single task. If the final quality is acceptable, trial the workflow again before upgrading or making a general time-saving claim.

COPY PROMPT 18 - CHOOSE THE NEXT TEST

From my task log, suggest one next workflow with frequent use, low setup effort and an output I can verify. Explain the choice, name the smallest required input, and define a pass/fail check. Propose a single trial; do not schedule recurring work or connect accounts.

Measure useful finished work, including the review it took to get there.

SOURCES & DISCLAIMER

Primary references, method and limits

- [1] Meta Newsroom - Introducing Muse (September 8)
- [2] Meta - Muse features and frequently asked questions
- [3] Muse for Small Business - access and connectors
- [4] Meta Help Center - About Muse subscriptions
- [5] Meta product team - How We Designed Muse
- [6] Meta Help Center - Guidance, permissions and approval
- [7] Meta Help Center - How Muse browses the web
- [8] Meta AI Research - How We Built Safety Into Muse
- [9] Meta Newsroom - Muse Wonder models (October 12)
- [10] Meta - Muse Connector guidelines and confirmation rules

Source titles and numbered page references are clickable. All sources checked October 21, 2026.

METHOD & EDITORIAL DISCLAIMER

Independent Digital World Pulse guide researched October 21, 2026; not affiliated with or endorsed by Meta. Product facts are attributed to the linked primary sources. Prices, eligibility, limits and rollouts can change. No hands-on Muse session or independent benchmark was performed for this guide. The 18 prompts are original, ready-to-copy editorial examples. Worked responses illustrate the desired structure and reasoning; they are not captured Muse outputs or guaranteed results. Fictional briefs, sellers, travel prices and analytics are labelled as practice data. AI-generated header art is conceptual, not product screenshots. Verify important facts, account actions and outputs before use.

Use this guide as a practical starting point; verify the result in your own account.