



DIGITAL WORLD PULSE

NFL WEEK 7

PREDICTIONS 2026

OCTOBER 22 - 26, 2026

14 GAMES | COMPLETE WEEK 7 GUIDE

Match previews, editorial picks and projected scores

Early-week edition: October 19, before Week 6 Monday Night Football

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WEEK 7 SCHEDULE

All 14 games | Away team first | October 22 - 26

MATCHUP	U.S. EASTERN	BUCHAREST
Patriots at Bears	22 Oct 20:15	23 Oct 03:15
Steelers at Saints *	25 Oct 09:30	25 Oct 15:30
Colts at Vikings	25 Oct 13:00	25 Oct 19:00
Dolphins at Jets	25 Oct 13:00	25 Oct 19:00
Bengals at Ravens	25 Oct 13:00	25 Oct 19:00
Browns at Titans	25 Oct 13:00	25 Oct 19:00
Buccaneers at Panthers	25 Oct 13:00	25 Oct 19:00
49ers at Falcons	25 Oct 13:00	25 Oct 19:00
Giants at Texans	25 Oct 13:00	25 Oct 19:00
Broncos at Cardinals	25 Oct 16:05	25 Oct 22:05
Rams at Raiders	25 Oct 16:25	25 Oct 22:25
Packers at Lions	25 Oct 16:25	25 Oct 22:25
Chiefs at Seahawks	25 Oct 20:20	26 Oct 02:20
Cowboys at Eagles	26 Oct 20:15	27 Oct 02:15

** Steelers-Saints: Stade de France, Paris area; nominal Saints home game.*

Eastern: EDT. Bucharest: EEST on 23 Oct; EET from 25 Oct after the clock change.

Byes: Bills, Jaguars, Chargers, Commanders.



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PATRIOTS AT BEARS

THURSDAY, OCTOBER 22, 2026

20:15 ET | BUCHAREST: 23 OCT 03:15

WHAT TO WATCH

Caleb Williams returned as Chicago beat Atlanta 31-23, while New England arrives after a 26-19 win over the Jets. Watch whether the Bears can protect the middle of the pocket and turn early completions into sustained drives. Chicago's home edge gives it the narrow editorial lean. The Patriots can reverse that view by keeping the game on schedule and making the Bears defend long possessions.

EDITORIAL PICK:

Bears

PROJECTED SCORE:

NE 21 - CHI 24

Editorial forecast, not a result.



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STEELERS AT SAINTS

SUNDAY, OCTOBER 25, 2026

09:30 ET | BUCHAREST: 25 OCT 15:30

WHAT TO WATCH

Pittsburgh comes off a 26-19 overtime win, but the Saints are also arriving from a victory. Paris removes the usual New Orleans home setting: watch the first possessions and how each offense handles an unfamiliar stage. Check Tyler Shough's final status after the reported left-hand injury. The lean is Pittsburgh in a close game, with the Saints' ability to finish drives the strongest counterargument.

EDITORIAL PICK:

Steelers

PROJECTED SCORE:

PIT 23 - NO 20

Editorial forecast, not a result.



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COLTS AT VIKINGS

SUNDAY, OCTOBER 25, 2026

13:00 ET | BUCHAREST: 25 OCT 19:00

WHAT TO WATCH

Minnesota returns from its bye at 5-0, while Indianapolis must respond to a 26-20 loss to Tennessee. The Colts need clean early downs so the passing game is not repeatedly exposed to obvious pressure situations. Watch protection adjustments and red-zone execution. The editorial lean is Minnesota at home; Indianapolis can tighten the contest by controlling possession and preventing short fields.

EDITORIAL PICK:

Vikings

PROJECTED SCORE:

IND 17 - MIN 27

Editorial forecast, not a result.



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DOLPHINS AT JETS

SUNDAY, OCTOBER 25, 2026

13:00 ET | BUCHAREST: 25 OCT 19:00

WHAT TO WATCH

The Jets lost 26-19 in New England and now get a home divisional opportunity against a winless Miami team. Watch third-down decisions and whether promising possessions end in touchdowns rather than stalled drives. The editorial lean is New York in a relatively tight game. Miami can overturn it by protecting the ball and forcing the Jets to earn every score on a long field.

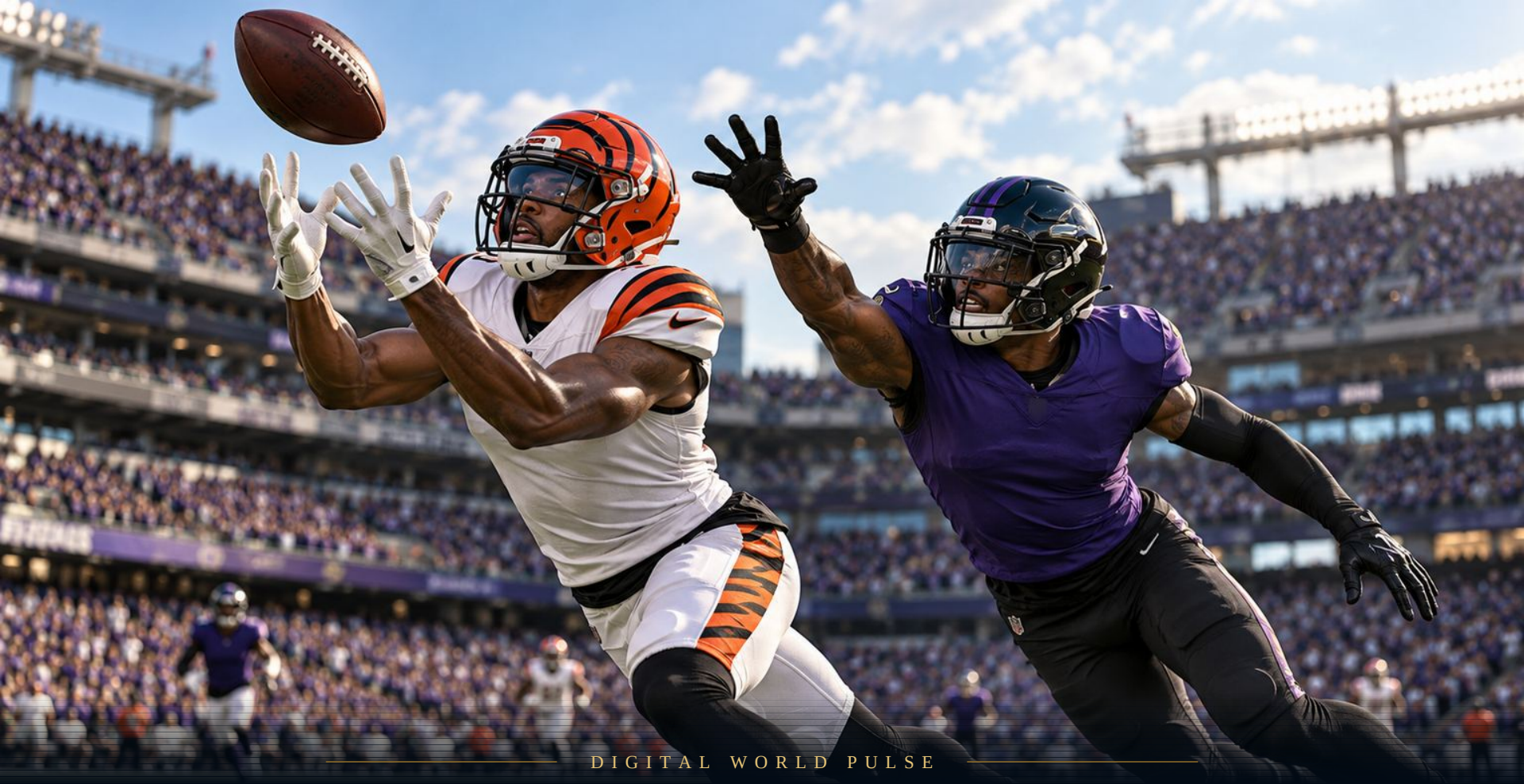
EDITORIAL PICK:

Jets

PROJECTED SCORE:

MIA 17 - NYJ 23

Editorial forecast, not a result.



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BENGALS AT RAVENS

SUNDAY, OCTOBER 25, 2026

13:00 ET | BUCHAREST: 25 OCT 19:00

WHAT TO WATCH

Baltimore let a fourth-quarter lead escape in a 13-10 loss at Cleveland. The response needs to be sharper late-game execution, especially when a possession can close the door. Watch protection against pressure and the decisions after a successful first down. The editorial pick is Baltimore by one score, while Cincinnati's route is to make the Ravens chase points and handle another uncomfortable finish.

EDITORIAL PICK:

Ravens

PROJECTED SCORE:

CIN 24 - BAL 27

Editorial forecast, not a result.



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BROWNS AT TITANS

SUNDAY, OCTOBER 25, 2026

13:00 ET | BUCHAREST: 25 OCT 19:00

WHAT TO WATCH

Cleveland edged Baltimore 13-10, while Tennessee's first win featured six sacks and three takeaways against Indianapolis. That makes protection and ball security more revealing than headline records. Watch which offense can avoid repeated long-yardage downs. The editorial lean is Cleveland, but the Titans have a clear route if their pressure again creates short fields and removes the need for long scoring drives.

EDITORIAL PICK:

Browns

PROJECTED SCORE:

CLE 23 - TEN 17

Editorial forecast, not a result.



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BUCCANEERS AT PANTHERS

SUNDAY, OCTOBER 25, 2026

13:00 ET | BUCHAREST: 25 OCT 19:00

WHAT TO WATCH

Carolina beat Philadelphia 25-14 behind a productive rushing day, while Tampa Bay pushed Pittsburgh into overtime before losing. Watch whether the Panthers can keep manageable down-and-distance situations without becoming predictable. The home side gets the editorial lean in a divisional game that should remain competitive. Tampa Bay can change the picture by forcing Carolina away from its preferred rhythm and finishing its own red-zone trips.

EDITORIAL PICK:

Panthers

PROJECTED SCORE:

TB 20 - CAR 24

Editorial forecast, not a result.



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49ERS AT FALCONS

SUNDAY, OCTOBER 25, 2026

13:00 ET | BUCHAREST: 25 OCT 19:00

WHAT TO WATCH

This forecast is prepared before San Francisco's Week 6 Monday night game, so its result and any new injuries are not included. Atlanta is coming off a 31-23 loss to Chicago. Watch whether the Falcons can force long third downs instead of allowing easy resets. The provisional lean is San Francisco, subject to a fresh availability check after Monday night and before Week 7 kickoff.

EDITORIAL PICK:

49ers *

PROJECTED SCORE:

SF 27 - ATL 20

** Provisional: before Week 6 MNF.*



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GIANTS AT TEXANS

SUNDAY, OCTOBER 25, 2026

13:00 ET | BUCHAREST: 25 OCT 19:00

WHAT TO WATCH

Houston returns from London after beating Jacksonville 34-31, with C.J. Stroud throwing for three touchdowns. The Giants come off a loss to New Orleans. Watch Houston's preparation after international travel and whether its protection can keep the offense ahead of the chains. The editorial lean is the Texans at home; New York can make that uncomfortable by limiting explosive plays and extending its own possessions.

EDITORIAL PICK:

Texans

PROJECTED SCORE:

NYG 23 - HOU 27

Editorial forecast, not a result.



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BRONCOS AT CARDINALS

SUNDAY, OCTOBER 25, 2026

16:05 ET | BUCHAREST: 25 OCT 22:05

WHAT TO WATCH

Denver has extra rest after a 17-14 Thursday overtime win over Seattle. Arizona beat the Rams 18-16 through six field goals, making touchdown conversion a clear watch point. The editorial lean is Denver if its defense can again keep the game controlled. Arizona can overturn it by turning productive drives into seven points and making the Broncos build longer offensive possessions.

EDITORIAL PICK:

Broncos

PROJECTED SCORE:

DEN 24 - ARI 20

Editorial forecast, not a result.



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RAMS AT RAIDERS

SUNDAY, OCTOBER 25, 2026

16:25 ET | BUCHAREST: 25 OCT 22:25

WHAT TO WATCH

The Rams lost 18-16 in Arizona, and Las Vegas fell 33-30 to Buffalo for a third straight defeat. Neither side can treat a competitive performance as enough. Watch red-zone decisions and which offense can sustain a late drive without a damaging penalty or turnover. The editorial lean is the Raiders by a narrow home margin, with the Rams well placed if Las Vegas again struggles to close.

EDITORIAL PICK:

Raiders

PROJECTED SCORE:

LAR 24 - LV 27

Editorial forecast, not a result.



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PACKERS AT LIONS

SUNDAY, OCTOBER 25, 2026

16:25 ET | BUCHAREST: 25 OCT 22:25

WHAT TO WATCH

Green Bay beat Dallas 23-13, holding an opponent under 14 points for the third consecutive week. The Lions return from their bye, balancing extra preparation and home advantage against the Packers' recent defensive form. Watch how Detroit handles pressure on passing downs and whether Green Bay can avoid giving away short fields. The editorial lean is the Lions in a close divisional contest, with Green Bay's defense a substantial counterargument.

EDITORIAL PICK:

Lions

PROJECTED SCORE:

GB 24 - DET 27

Editorial forecast, not a result.



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CHIEFS AT SEAHAWKS

SUNDAY, OCTOBER 25, 2026

20:20 ET | BUCHAREST: 26 OCT 02:20

WHAT TO WATCH

Kansas City stayed unbeaten with a 22-6 win over the Chargers, while Seattle has extra rest after its Thursday overtime loss in Denver. Watch protection communication in a loud night-game setting and how each offense responds after a stalled possession. The editorial lean is Kansas City, but Seattle's home environment and preparation time make this a meaningful test rather than a comfortable forecast.

EDITORIAL PICK:

Chiefs

PROJECTED SCORE:

KC 24 - SEA 20

Editorial forecast, not a result.



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COWBOYS AT EAGLES

MONDAY, OCTOBER 26, 2026

20:15 ET | BUCHAREST: 27 OCT 02:15

WHAT TO WATCH

Dallas lost 23-13 to Green Bay, and Philadelphia fell 25-14 against Carolina. That leaves both teams needing a cleaner divisional performance. Watch early-down execution and whether either offense can build a lead without relying on a turnover. The editorial lean is Philadelphia by a field goal, a low-confidence home pick that becomes less persuasive if Dallas controls possession and forces the Eagles into repeated third-and-long situations.

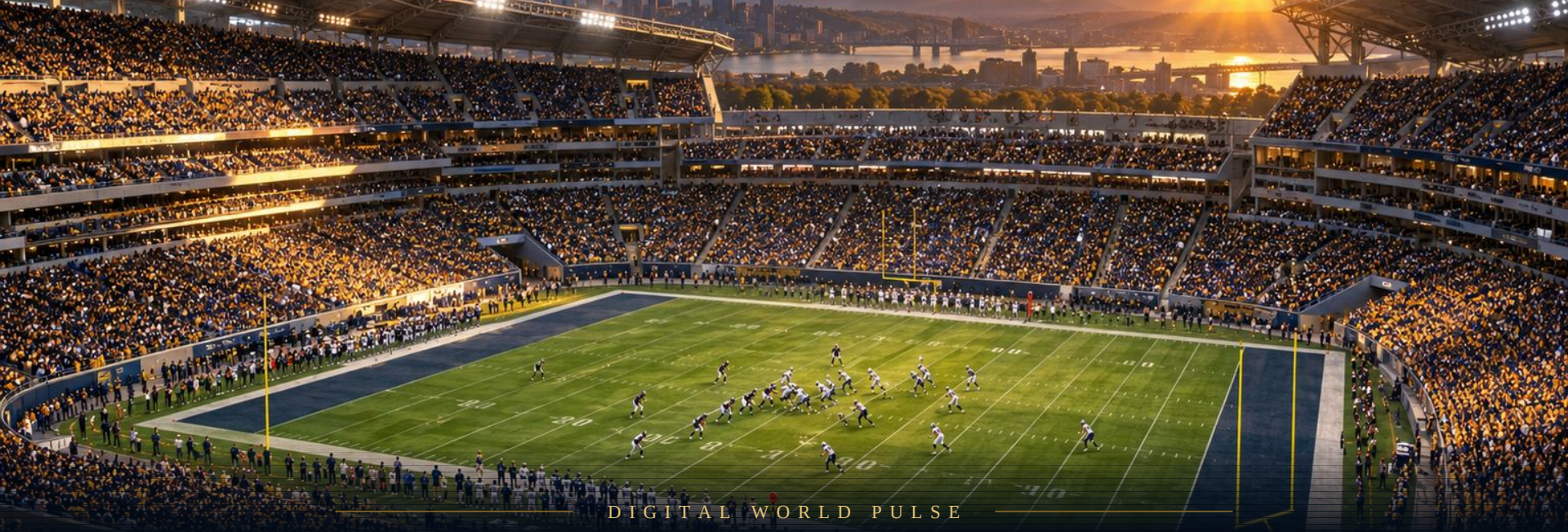
EDITORIAL PICK:

Eagles

PROJECTED SCORE:

DAL 20 - PHI 23

Editorial forecast, not a result.



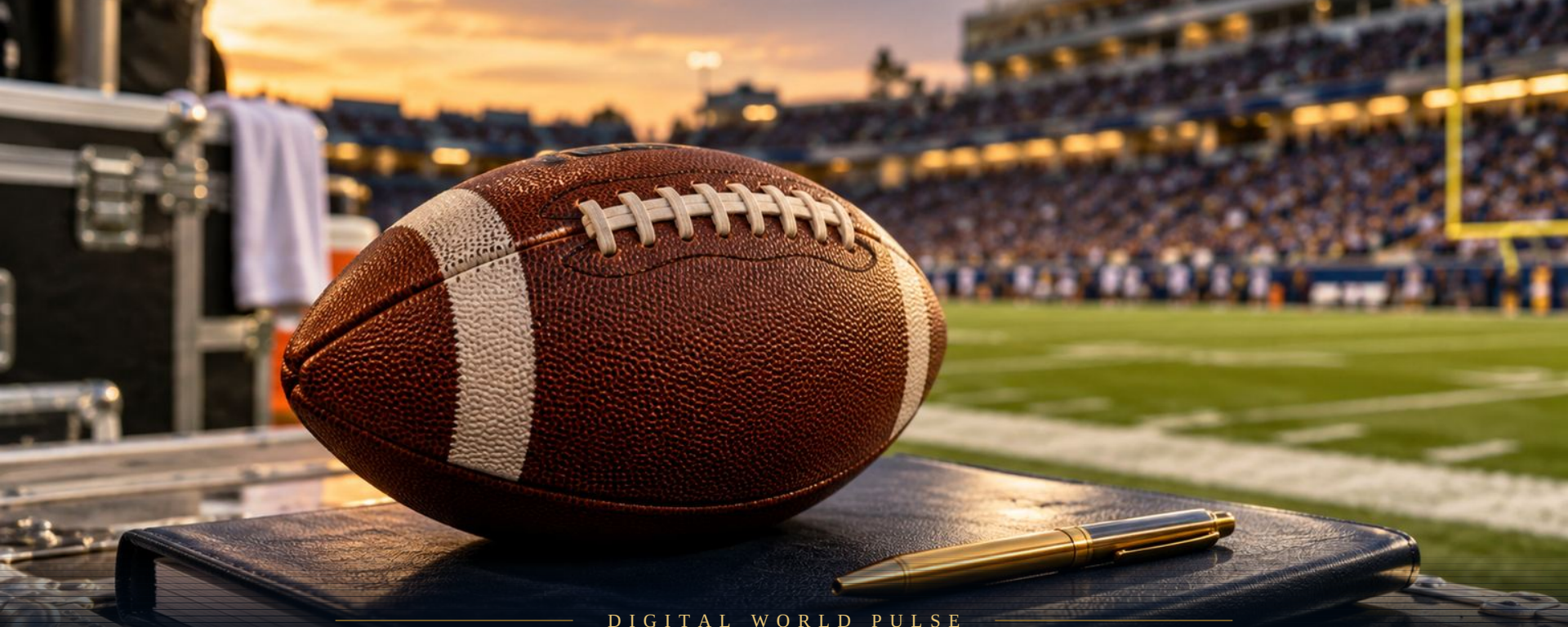
DIGITAL WORLD PULSE

EDITORIAL PICKS

All 14 games | Early-week opinions and projected scores

MATCHUP	PICK	PROJECTED SCORE
Patriots at Bears	Bears	NE 21 - CHI 24
Steelers at Saints	Steelers	PIT 23 - NO 20
Colts at Vikings	Vikings	IND 17 - MIN 27
Dolphins at Jets	Jets	MIA 17 - NYJ 23
Bengals at Ravens	Ravens	CIN 24 - BAL 27
Browns at Titans	Browns	CLE 23 - TEN 17
Buccaneers at Panthers	Panthers	TB 20 - CAR 24
49ers at Falcons	49ers *	SF 27 - ATL 20
Giants at Texans	Texans	NYG 23 - HOU 27
Broncos at Cardinals	Broncos	DEN 24 - ARI 20
Rams at Raiders	Raiders	LAR 24 - LV 27
Packers at Lions	Lions	GB 24 - DET 27
Chiefs at Seahawks	Chiefs	KC 24 - SEA 20
Cowboys at Eagles	Eagles	DAL 20 - PHI 23

** 49ers forecast excludes the pending Week 6 Monday night game.
Projected scores follow the matchup order: away team, then home team.*



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WEEK 7 WATCHLIST

What can change the early-week picture

01 FINAL AVAILABILITY

Recheck official injury reports and game-day inactive lists. A reported injury is not a confirmed absence. Tyler Shough's hand report needs a final status update before the Paris game.

02 THE PENDING MONDAY GAME

San Francisco still has its Week 6 game against Washington to play at this guide's cutoff. The 49ers pick is provisional and does not assume a result or a healthy postgame roster.

03 INTERNATIONAL PREPARATION

Steelers-Saints takes place at Stade de France, not in New Orleans. Houston returns from its London game. Treat travel and preparation as watch points, not automatic performance penalties.

04 THE ROMANIAN CLOCK CHANGE

Romania switches to EET on October 25. The Paris game starts at 15:30 in Bucharest, the early Sunday games at 19:00, and Sunday Night Football at 02:20 on Monday.

05 HOW TO READ THESE PICKS

Every pick is an editorial lean and every score is a forecast. They are not betting lines, calibrated probabilities or guarantees. Refresh the analysis if availability or the schedule changes.



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SOURCES & EDITORIAL NOTE

REFERENCE LINKS

- [1] NFL - official Week 7 schedule
- [2] NFL Schedule - Week 7 fixture and time cross-check
- [3] Chicago Bears - Week 6 win in Atlanta
- [4] New York Jets - Week 6 recap against New England
- [5] Minnesota Vikings - post-bye Week 7 mailbag
- [6] New Orleans Saints - official Paris game announcement
- [7] Baltimore Ravens - Week 6 loss in Cleveland
- [8] Tennessee Titans - Week 6 comeback against Indianapolis
- [9] Carolina Panthers - Week 6 win in Philadelphia
- [10] Houston Texans - Stroud and the Week 6 London win
- [11] San Francisco 49ers - Week 6 Monday night schedule
- [12] Denver Broncos - Week 6 overtime win against Seattle
- [13] Arizona Cardinals - special teams decide Rams game
- [14] Las Vegas Raiders - Week 6 loss against Buffalo
- [15] Green Bay Packers - Week 6 notes against Dallas
- [16] Los Angeles Chargers - Week 6 recap against Kansas City
- [17] Reuters - October 18 NFL results roundup
- [18] Reuters - report on Tyler Shough's left hand
- [19] NFL - current standings

All reference titles and source numbers in this guide are clickable.

EDITORIAL NOTE

Prepared October 19, 2026, before Week 6 Monday Night Football. Fixtures, start times and availability may change. Picks and projected scores are editorial opinions, not results or guarantees. AI-generated images are conceptual illustrations, not actual game photographs. Independent Digital World Pulse guide; not affiliated with the NFL or its teams. For information and entertainment.