

DIGITAL WORLD PULSE



MLS OCTOBER 10 & 11, 2026

Schedule, Key Matches and What to Watch

15 MATCHES • 14 SATURDAY • 1 SUNDAY

Kickoff times • Match analysis • Editorial picks

Digital World Pulse Sports Guide



D I G I T A L W O R L D P U L S E

WEEKEND CONTENTS

- 03** Toronto FC vs CF Montreal
- 04** Chicago Fire FC vs New York City FC
- 05** Inter Miami CF vs D.C. United
- 06** Orlando City vs Columbus Crew
- 07** Philadelphia Union vs Real Salt Lake
- 08** Atlanta United vs FC Cincinnati
- 09** New England Revolution vs Seattle Sounders
- 10** Charlotte FC vs FC Dallas
- 11** Red Bull New York vs San Diego FC
- 12** Minnesota United vs Houston Dynamo
- 13** Sporting Kansas City vs Portland Timbers
- 14** Austin FC vs Nashville SC
- 15** Colorado Rapids vs San Jose Earthquakes
- 16** LAFC vs Vancouver Whitecaps
- 17** St. Louis CITY SC vs LA Galaxy
- 18** Your viewing plan
- 19** Sources and time notes
- 20** Disclaimer



DIGITAL WORLD PULSE

TORONTO FC vs CF MONTREAL

SATURDAY, OCTOBER 10, 2026 • 1:00 PM ET

BMO Field, Toronto

WHAT TO WATCH

Start with the Canadian rivalry. Watch how Toronto builds through midfield and whether Montreal can turn recoveries into chances before the home defense resets. The editorial lean is a narrow home win; early chances and set-piece defending could shift it.

EDITORIAL PICK: Toronto FC

PROJECTED SCORE: Toronto FC 2 : 1 CF Montreal

Score estimate, not a result.



DIGITAL WORLD PULSE

CHICAGO FIRE FC vs NEW YORK CITY FC

SATURDAY, OCTOBER 10, 2026 • 2:30 PM ET

Soldier Field, Chicago

WHAT TO WATCH

This afternoon window offers a useful change of pace before the crowded evening slate. Watch the space between midfield and defense, especially after a turnover. A balanced contest is the editorial expectation, with chance quality more revealing than possession alone.

EDITORIAL PICK: Draw

PROJECTED SCORE:

Chicago Fire FC **1** : **1** New York City FC

Score estimate, not a result.



D I G I T A L W O R L D P U L S E

INTER MIAMI CF vs D.C. UNITED

SATURDAY, OCTOBER 10, 2026 • 7:30 PM ET

Nu Stadium, Miami

WHAT TO WATCH

Miami receives the home lean. Watch whether the hosts can create central combinations without leaving an easy counterattack behind them. D.C. can make the game tighter by denying passes into the box and using its first forward pass efficiently.

EDITORIAL PICK: Inter Miami CF

PROJECTED SCORE: Inter Miami CF **3 : 1** D.C. United

Score estimate, not a result.



DIGITAL WORLD PULSE

ORLANDO CITY vs COLUMBUS CREW

SATURDAY, OCTOBER 10, 2026 • 7:30 PM ET

Inter&Co Stadium, Orlando

WHAT TO WATCH

Watch the battle for the wide channels and the quality of cutbacks into the box. The forecast gives Orlando a small home edge. Columbus can overturn it by escaping pressure cleanly and forcing the hosts to defend longer possessions.

EDITORIAL PICK: Orlando City

PROJECTED SCORE: Orlando City **2 : 1** Columbus Crew

Score estimate, not a result.



DIGITAL WORLD PULSE

PHILADELPHIA UNION vs REAL SALT LAKE

SATURDAY, OCTOBER 10, 2026 • 7:30 PM ET

Subaru Park, Chester

WHAT TO WATCH

Philadelphia is the editorial selection at home. Track second balls, attacking restarts and how quickly Salt Lake moves possession away from pressure. The projected clean sheet depends on the hosts protecting the middle instead of chasing the ball too aggressively.

EDITORIAL PICK: Philadelphia Union

PROJECTED SCORE: Philadelphia Union **2:0** Real Salt Lake

Score estimate, not a result.



DIGITAL WORLD PULSE

ATLANTA UNITED vs FC CINCINNATI

SATURDAY, OCTOBER 10, 2026 • 7:30 PM ET

Mercedes-Benz Stadium, Atlanta

WHAT TO WATCH

This is a watchlist choice for the contest between forward ambition and defensive cover. Monitor the spaces left when either side commits extra players ahead of the ball. The editorial call is a draw, with the first goal likely to reshape the rhythm.

EDITORIAL PICK: Draw

PROJECTED SCORE: Atlanta United 1 : 1 FC Cincinnati

Score estimate, not a result.



NEW ENGLAND REVOLUTION vs SEATTLE SOUNDERS

SATURDAY, OCTOBER 10, 2026 • 7:30 PM ET
Gillette Stadium, Foxborough

WHAT TO WATCH

New England gets a modest home lean. Watch the speed of Seattle's ball circulation and whether the hosts can prevent clean entries into the penalty area. A close score is expected; substitutions and the next chance after a turnover deserve attention.

EDITORIAL PICK:
New England Revolution

PROJECTED SCORE:
New England Revolution 2 : 1 Seattle Sounders

Score estimate, not a result.



DIGITAL WORLD PULSE

CHARLOTTE FC vs FC DALLAS

SATURDAY, OCTOBER 10, 2026 • 7:30 PM ET

Bank of America Stadium, Charlotte

WHAT TO WATCH

Look for the balance between patient buildup and direct runs behind the defense. Charlotte's home setting makes this an attractive evening option, but the forecast stays level. The key viewing question is which side can turn territory into clear shots.

EDITORIAL PICK: Draw

PROJECTED SCORE:

Charlotte FC 1 : 1 FC Dallas

Score estimate, not a result.



DIGITAL WORLD PULSE

RED BULL NEW YORK vs SAN DIEGO FC

SATURDAY, OCTOBER 10, 2026 • 7:30 PM ET
Sports Illustrated Stadium, Harrison

WHAT TO WATCH

Watch the first few passes after possession changes. The home lean depends on New York converting pressure into useful attacks rather than hurried shots. San Diego can reverse the outlook by moving beyond the initial challenge and finding space on the far side.

EDITORIAL PICK: Red Bull New York

PROJECTED SCORE: Red Bull New York **2 : 1** San Diego FC

Score estimate, not a result.



DIGITAL WORLD PULSE

MINNESOTA UNITED vs HOUSTON DYNAMO

SATURDAY, OCTOBER 10, 2026 • 8:30 PM ET

Allianz Field, Saint Paul

WHAT TO WATCH

This is a useful late-evening alternative to the earlier simultaneous kickoffs. Watch the quality of entries into the box and defensive reactions to rebounds. The editorial estimate is level, with a single set piece capable of deciding a tight contest.

EDITORIAL PICK: Draw

PROJECTED SCORE:

Minnesota United **1 : 1** Houston Dynamo

Score estimate, not a result.



DIGITAL WORLD PULSE

SPORTING KANSAS CITY vs PORTLAND TIMBERS

SATURDAY, OCTOBER 10, 2026 • 8:30 PM ET
Sporting Park, Kansas City

WHAT TO WATCH

The road selection is a cautious Portland lean. Watch whether Sporting can keep enough defensive cover behind its attacks. Portland's route to the projected win is efficient use of transition chances; prolonged home pressure could push the game the other way.

EDITORIAL PICK: Portland Timbers

PROJECTED SCORE:

Sporting Kansas City **1 : 2** Portland Timbers

Score estimate, not a result.



DIGITAL WORLD PULSE

AUSTIN FC vs NASHVILLE SC

SATURDAY, OCTOBER 10, 2026 • 8:30 PM ET
Q2 Stadium, Austin

WHAT TO WATCH

Nashville is the editorial road choice. Focus on Austin's ability to stop dangerous passes before they reach the penalty area. The forecast stays within one goal because a disciplined home response and well-timed attacking substitutions could change the outcome.

EDITORIAL PICK: Nashville SC

PROJECTED SCORE: Austin FC 1 : 2 Nashville SC

Score estimate, not a result.



COLORADO RAPIDS VS SAN JOSE EARTHQUAKES

SATURDAY, OCTOBER 10, 2026 • 9:30 PM ET

DICK'S Sporting Goods Park, Commerce City

WHAT TO WATCH

The late window turns to Colorado. Watch the hosts' spacing around the box and San Jose's outlet when possession is recovered. A small home edge shapes the estimate; the visitors can upset it by breaking pressure without giving the ball straight back.

EDITORIAL PICK:

Colorado Rapids

PROJECTED SCORE:

Colorado Rapids 2 : 1 San Jose Earthquakes

Score estimate, not a result.



LAFC vs VANCOUVER WHITECAPS

SATURDAY, OCTOBER 10, 2026 • 10:30 PM ET

BMO Stadium, Los Angeles

WHAT TO WATCH

A strong editorial choice for Saturday's late finish. Watch how each side manages the space behind its attacking players and reacts after losing possession. The projected draw anticipates chances at both ends, rather than assuming either team will control the full match.

EDITORIAL PICK: **Draw**

PROJECTED SCORE:

LAFC 2 : 2 Vancouver Whitecaps

Score estimate, not a result.



DIGITAL WORLD PULSE

ST. LOUIS CITY SC vs LA GALAXY

SUNDAY, OCTOBER 11, 2026 • 7:00 PM ET

Energizer Park, St. Louis

WHAT TO WATCH

The only Sunday fixture gets its own viewing window. Watch whether St. Louis can sustain useful pressure and whether LA Galaxy can keep possession through the first challenge. The editorial home lean remains narrow, with finishing and late-game decisions central to the outlook.

EDITORIAL PICK: St. Louis CITY SC

PROJECTED SCORE: St. Louis CITY SC **2 : 1** LA Galaxy

Score estimate, not a result.



DIGITAL WORLD PULSE

YOUR VIEWING PLAN

SATURDAY EARLY

Toronto vs Montreal at 1:00 PM ET, then Chicago vs NYCFC at 2:30 PM ET.

SATURDAY EVENING

Seven games share the 7:30 PM ET slot. Choose a main match and follow the others through score updates.

SATURDAY LATE

Three games at 8:30 PM, Colorado at 9:30 PM, then LAFC at 10:30 PM ET.

SUNDAY

St. Louis vs LA Galaxy at 7:00 PM ET.

Editorial highlights: the Canadian rivalry, LAFC vs Vancouver, and Sunday's standalone game.



SOURCES AND TIME NOTES

[MLS official schedule](#) >

[MLS Schedule: October 10](#) >

[MLS Schedule: October 11](#) >

[LA Galaxy away travel schedule](#) >

All kickoff times use Eastern Daylight Time (EDT, UTC minus 4). Home teams appear first. Dates follow the North American schedule. Late matches fall on the next calendar day in Romania. Schedule checked October 2, 2026. Confirm kickoff and venue again before the match. Reference titles above are clickable in this PDF.



DIGITAL WORLD PULSE

DISCLAIMER

Match analysis, editorial picks and projected scores are opinions, not results or guarantees. They are qualitative estimates, not a calibrated statistical model.

This guide was prepared on October 2, 2026. Later matches, injuries, suspensions and lineup decisions may change the outlook. No starting lineup is confirmed here.

Schedules and venue details may change. Check official match information before making plans.

AI-created illustrations are conceptual and do not depict verified players or actual match action.

Independent Digital World Pulse publication, not affiliated with MLS or its clubs. For information and entertainment only.